

## Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare Office
<b>Baker</b>	New Directions Northwest Inc.	541-523-7400	541-519-7126	541-523-6423
<b>Benton</b>	Benton County Behavioral Health	541-766-6835	888-232-7192	541-757-4121
<b>Clackamas</b>	Behavioral Health Division	503-742-5335	503-655-8585	503-731-3404 N. Clackamas 971-673-7200 Oregon City
<b>Clatsop</b>	Clatsop Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
<b>Columbia</b>	Columbia Community Mental Health	503-397-5211	866-866-1427 (after hours)	503-397-3292
<b>Coos</b>	Coos Health & Wellness	541-266-6700	541-266-6800	541-756-5500
<b>Crook</b>	Crook County Mental Health	541-323-5330	541-323-5330	541-447-6207
<b>Curry</b>	Curry Community Health	877-408-8941	877-519-9322	541-247-5437
<b>Deschutes</b>	Deschutes County Behavioral Health	541-322-7500	541-322-7500 or 800-875-7364	541-388-6161
<b>Douglas</b>	Adapt Integrated Care	541-440-3532	800-866-9780	541-271-4851 Reedsport 541-440-3373 Roseburg
<b>Gilliam</b>	Community Counseling Solutions	541-454-2223 Arlington 541-384-2666 Condon	911	541-641-6744
<b>Grant</b>	Community Counseling Solutions	541-575-1466	911	541-575-0728
<b>Harney</b>	Symmetry Care	541-573-8376	541-573-8376	541-573-2086
<b>Hood River</b>	Mid-Columbia Center for Living	541-386-2620	888-877-9147 or 541-386-7534	541-386-2962
<b>Jackson</b>	Jackson County Mental Health	541-774-8201	541-774-8201	541-776-6120
<b>Jefferson</b>	BestCare Treatment Services	541-475-6575	541-475-6575	541-475-2292
<b>Josephine</b>	Options for Southern Oregon	541-476-2373	541-474-5360	541-474-3120
<b>Klamath</b>	Klamath Basin Behavioral Health	541-883-1030	541-883-1030	541-883-5570
<b>Lake</b>	Lake District Wellness Center	541-947-6021	541-947-6021 or 877-456-2293	541-947-2273
<b>Lane</b>	Lane County Behavioral Health	541-682-3608	541-687-4000 (White Bird Clinic)	541-686-7555 Eugene 541-726-6644 Springfield 541-686-7722 W. Eugene
<b>Lincoln</b>	Lincoln County Mental Health	541-574-5960 Newport 541-265-4196 Lincoln City	888-266-0288	541-265-8557



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Linn	Linn County Mental Health	541-967-3866 or 541-497-6205 Albany 541-451-5932 Lebanon 541-367-3888 Sweet Home	541-967-3866 or 800-304-7468	541-967-2060
Malheur	Lifeways	541-889-9167	541-889-9167	541-889-9194
Marion	Marion County Mental Health	503-588-5351 Salem Adult 503-588-5352 Salem Family 503-981-5851 Woodburn	503-576-4673 (8am-10pm)	503-378-6800
Morrow	Community Counseling Solutions	541-676-9161	911	541-481-9482
Multnomah	Multnomah County Behavioral Health	503-988-5887	503-988-4888	971-673-6800 Alberta 971-673-2100 East County 503-674-3610 Gresham 971-673-1800 Midtown
Polk	Polk County Behavioral Health	503-623-9289 Dallas 503-400-3550 Monmouth 503-585-3012 W. Salem	503-623-9289 (business hours) 503-581-5535 or 800-560-5535 (after hours)	503-623-8118
Sherman	Mid-Columbia Center for Living	541-296-5452	888-877-9147 or 541-296-5452	541-641-6744
Tillamook	Tillamook Family Counseling Center	503-842-8201	503-842-8201 or 800-962-2851	503-842-5571
Umatilla	Lifeways	541-922-6226 Hermiston 541-276-6207 Pendleton	866-343-4473	541-567-2253 Hermiston 541-276-9220 Pendleton
Union	Center for Human Development	541-962-8800	541-962-8800 Ext. 6	541-963-8571
Wallowa	Wallowa Valley Center for Wellness	541-426-4524	541-398-1175	541-426-4558
Wasco	Mid-Columbia Center for Living	541-296-5452	888-877-9147	541-298-5136
Washington	Washington County Behavioral Health	503-846-4528	503-291-9111	503-646-7234 Beaverton 503-648-8951 Hillsboro
Wheeler	Community Counseling Solutions	541-763-2746	911	541-641-6744
Yamhill	Yamhill County General Behavioral Health	503-434-7523	844-842-8200	503-472-4634



## Mental Health, Crisis Lines and Child Welfare Office Contacts

Parenting Support, Early Childhood and Family Services	
<p><b>211info</b>                      Parenting support, early childhood, and family services                      CALL: <b>211</b> or <b>1-866-698-6155</b> and listen for the “parenting” option                      TEXT: “children” or “ninos” to <b>898211</b>                      EMAIL: <a href="mailto:children@211info.org">children@211info.org</a>                      WEBSITE: <a href="https://www.211info.org/family/">https://www.211info.org/family/</a></p>	<p><b>Oregon Family to Family Health Information Center</b>                      Children and youth with special health needs                      CALL: <b>855-323-6744</b> (English) <b>503-931-8930</b> (Español)                      EMAIL: <a href="mailto:contact@oregonfamilytofamily.org">contact@oregonfamilytofamily.org</a>                      WEBSITE: <a href="https://www.ohsu.edu/oregon-family-to-family-health-information-center">https://www.ohsu.edu/oregon-family-to-family-health-information-center</a></p>

Oregon and National Crisis Lines	
<p><b>988 Suicide &amp; Crisis Lifeline</b>                      Available 24/7: suicide prevention and crisis resources for you or your loved ones                      CALL/TEXT: <b>988</b> (English &amp; Español)                      CHAT: <a href="https://988lifeline.org/chat/#specialized_services">https://988lifeline.org/chat/#specialized_services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)</p>	<p><b>YouthLine</b>                      Available 24/7: teen-to-teen crisis and help line                      Teens respond 4-10pm Monday-Friday                      CALL: <b>877-968-8491</b>                      TEXT: “teen2teen” to <b>839863</b></p>
<p><b>The Trevor Project</b>                      Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25                      CALL: 1-866-488-7386                      TEXT: “START” to <b>678678</b></p>	<p><b>Veterans Crisis Line</b>                      Available 24/7: suicide prevention and crisis resources for you or your loved ones                      CALL/TEXT: <b>988</b> (English &amp; Español)                      CHAT: <a href="https://988lifeline.org/chat/#specialized_services">https://988lifeline.org/chat/#specialized_services</a> (available to all, but especially useful for persons who are deaf or hard of hearing)</p>

